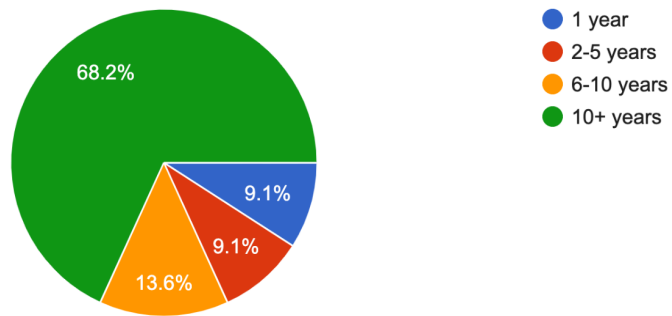


Winter 2024 Southern Arizona AIS Service Survey Results
44 Responses
Presented to AIS 2/7/2024

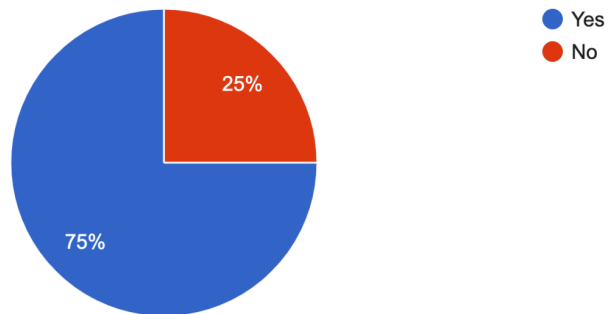
How many years have you been in the Al-Anon Program?

44 responses



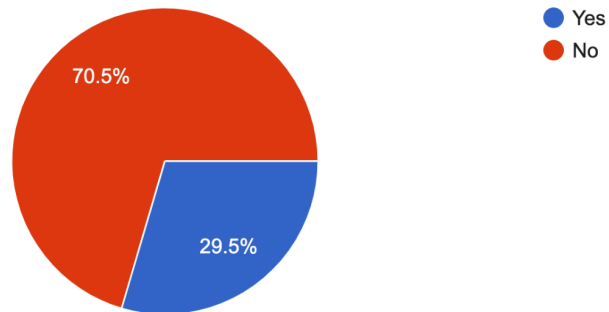
Do you have a sponsor?

44 responses



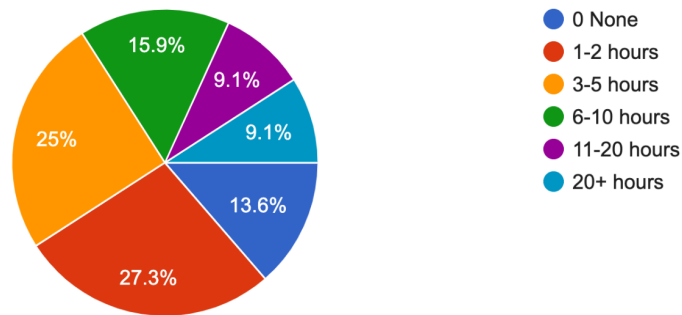
Do you have a service sponsor?

44 responses



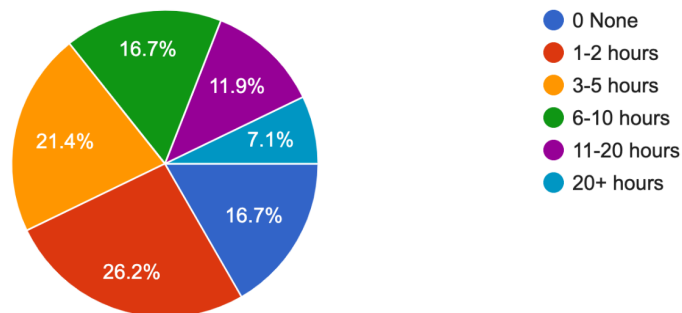
Currently, how many hours a month are you doing service?

44 responses



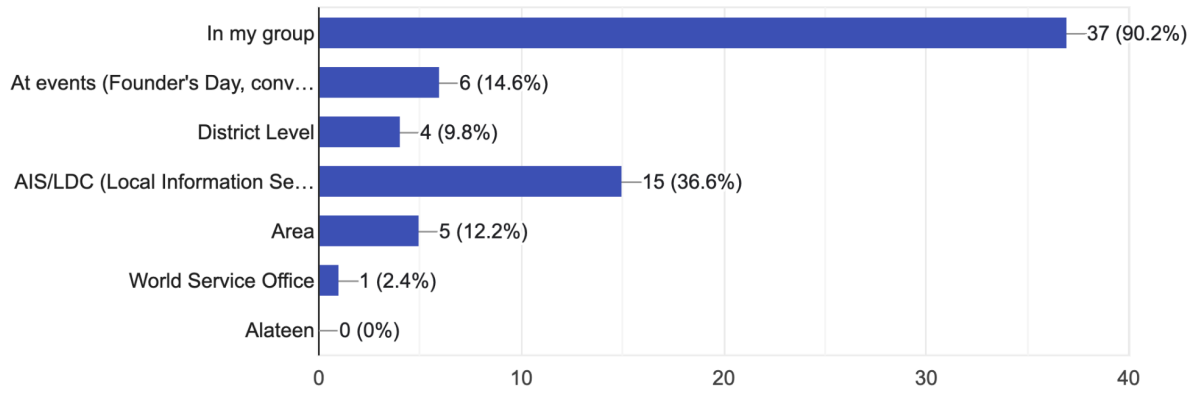
In the past, about how many hours a month did you do service?

42 responses



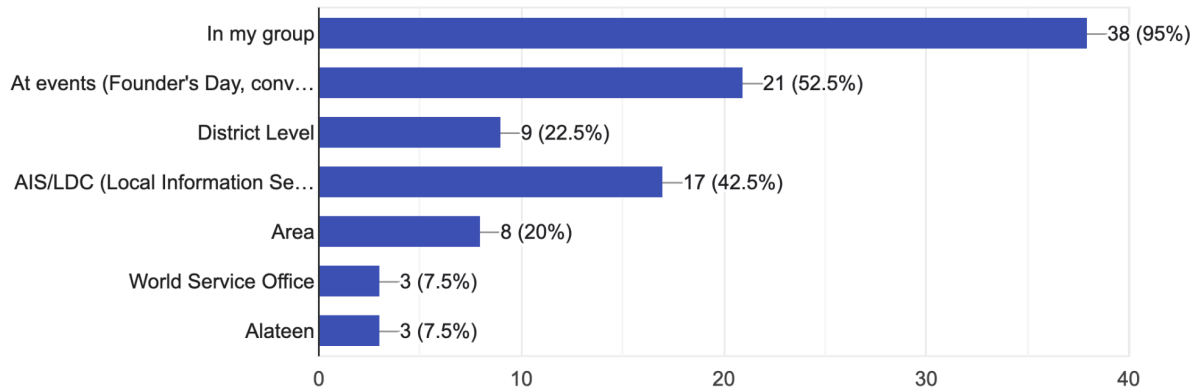
What is your current level of service? Check all that apply

41 responses



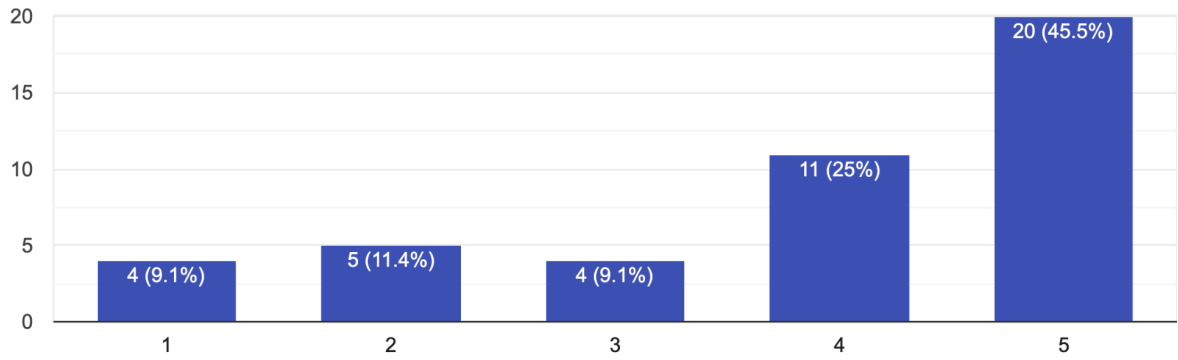
In the past, what was your level of service? Check all that apply

40 responses



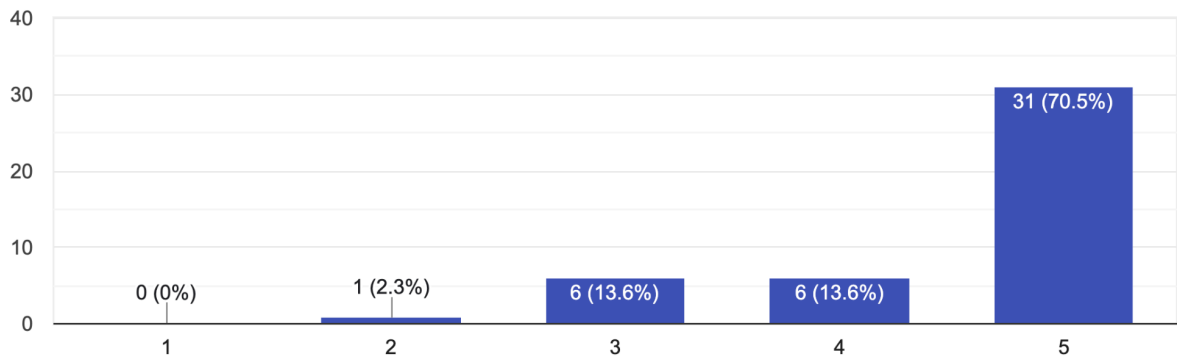
I feel welcomed and encouraged to participate in service beyond the group level.

44 responses



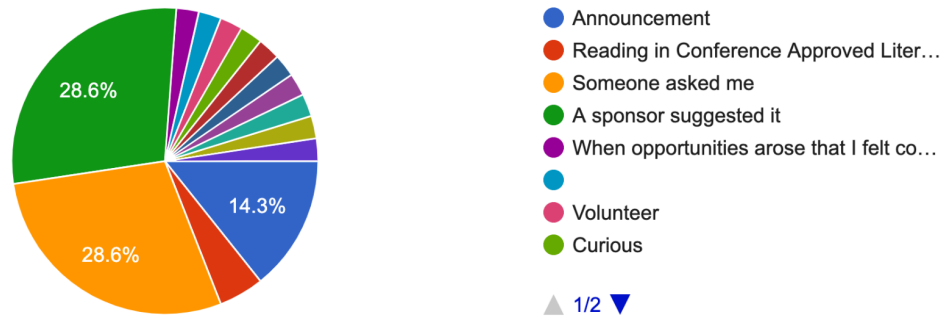
I value what the local Al-Anon Information Service and Literature Distribution Center (AIS/LDC) does for Southern Arizona.

44 responses



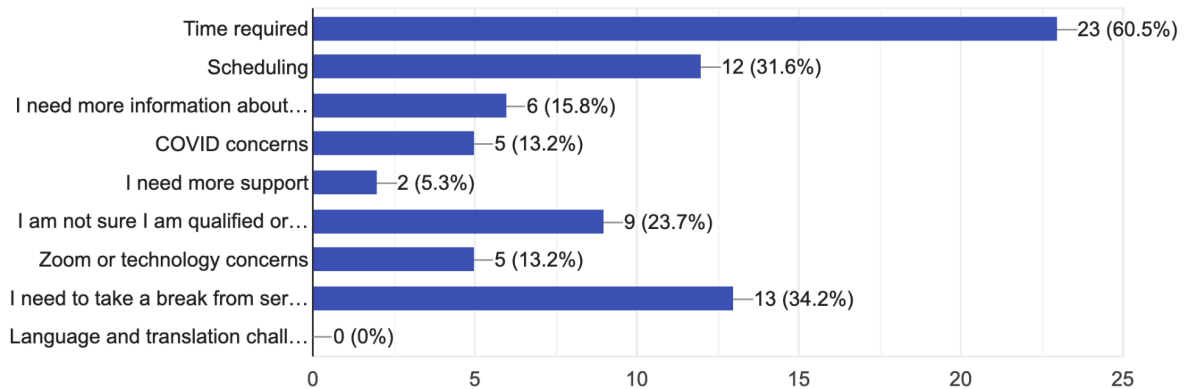
How did you get into service?

42 responses



Currently, what are the roadblocks to participating in service above the group level? Check all that apply

38 responses



What are the benefits of AI-Anon service to you? 40 responses

Service in AI-Anon was the first time I truly felt like I belonged and had something to offer. It is a very practical, safe way for me to see my character defects and strengths and then have a way to work on them.

Growth, Self Esteem increased, Fellowship

Knowing that I can make a difference

I feel more a part of AI-Anon. I get to observe and learn from others who are modeling how to work together and how to expand their own experiences. I feel happy and grateful participating in serving

along with others. Service usually makes me feel good. I have a chance to get to know and learn from others who have gained greater experience through service.

Enriches my program, focus on self+carrying message

I've gotten back more than I've ever given

Gives me opportunities to put the steps & traditions into action

More connection, giving back, personal growth=working my program

More connection, giving back, personal growth=working my program

I felt I belonged. I work almost full time. I am very hard of hearing so I can only do things with people online. In my job I can walk up to the people I talk with. I tried assemblies and cannot hear. I just gave up a 3 year treasurer job.

I've always supported causes in which I was a member because I feel the need to give back.

Any service is of value if it helps people be more healthy and helps build a healthier community community.

Meeting people in the area and state.

Gained a better understanding of the program overall. Fun. Meeting and getting to know more great people. Finding new friends to spend time with. Sense of accomplishment and giving back what I gained. Learning about incarceration and those incarcerated. Eating more ice cream.

My service helps both my recovery and others'.

Deep satisfaction when I help someone in need.

Connection, builds confidence, sense of accomplishment, friendships

Commitment and belonging

It helps me have the opportunity to put into practice the things I am learning in recovery. It also helps me see the areas that need to be improved in my recovery.

Giving back

I feel service work helps my recovery

It keeps me up-to-date on my recovery; fresh ideas. On the question about "roadblocks to service" you did not include an option for those barred from service above the group level because of restrictive policy by WSC.

The blessing of being a blessing

It has helped me in my recovery and learned about the larger AI-Anon functions

Feeling part of the group. I lead meetings at times. But in my 70s now and needed to go back to work because of Biden's policies. So am doing all I can now at my age with working again

Hoping for friendships

Fellowship, practicing the principles, caring the message, giving back.

it keeps the organization functioning. I am also in AA so I cannot do much beyond my group service and maybe bringing info to the group (can't be official intergroup rep)

Knowing what's available to better spread the word, being in the know about local events and issues in general.

Improves self confident, I feel I am giving back. It makes me feel worthy and valued.

To be able to have meetings

Commitment to a strong home group

It is a vital part of my recovery- I get to use the Traditions and Concepts to understand, learn, and grow.

Service is the best place to practice the tools of the program. I put the Traditions to use. I meet people outside my circle of meeting friends.

Personal growth, more connections to others in al anon

My recovery options and tools expand with service ! Service is fun fellowship.

Helps me to be Mindful

Giving back to AFG is vital for me. Right now, because I live in two different states, it is difficult to commit to an ongoing service position in either location. Therefore, the majority of my service is sponsorship, which I am grateful to be able to do. When I can, I do service at the group level since I believe a position such as group representative is not fair to my group, if I am only able to be in that state for a limited period of time.

The opportunity to practice these principles and to give back - you didn't include sponsorship in being of service - currently 10-20 hrs month

Teaches me to do the footwork, be responsible and show up.

Deeper understanding of how the program works